

**Trinity Lutheran Church  
Clarks Summit , PA**

**Service and Outreach Ministry Team  
Parish Health Ministry Sub-Committee Meeting**

**Meeting Date: Wednesday, June 27, 2007**

Pastor opened meeting with prayer.

**CARD MINISTRY:**

Betty Wood reports that all is going well with card ministry and the card ministry team. Carole Hamersly and Janice Huylo sent cards out during the months of May and June. July and August will be covered by Marty Kearney and Shirley Buntrock.

**EDUCATION & SUPPORT MINISTRY:**

Our Mother's Day dinner on Monday, May 14th was a great success with the Men in Mission of Trinity serving a wonderful Ham dinner with all the trimmings. All the women in attendance were grateful for the opportunity to sit and enjoy being waited on by the men and members of Trinity's Youth Group. A Thank You card was sent on behalf of PHM and the Women of Trinity to Mike Krahling and the Men in Mission for their efforts and time spent. Another Thank You was sent to Heather Klein and the Youth Group.

The evening's speaker, Dr. Joanne Weiss, presented the program "Caring for Ourselves without Guilt" after the dinner. Her presentation was very well received and we look forward to having her back at some future date. A check was given to Dr. Weiss by PHM and a Yankee candle was given by the Women of Trinity. Dr. Weiss was very appreciative of both.

AARP's 55 Alive Mature Driving Course was held at Trinity on Wednesday and Thursday, June 13 and 14 with 35 people in attendance. The course was a valuable refresher course and also provided additional "new" information on changes and additional information now included in the PA Driver's manual. Certificates were given to all those who attended, which entitles the driver's to a 5% (and in some instances) 10% off their current car insurance rates. Refreshments were served during the breaks both days. Since there was a waiting list consisting of 16 additional people interested, we have scheduled another class to be held on Tuesday and Wednesday, August 7 and 8 at Trinity from 9 a.m. to 1 p.m.

BABYSITTING AND CHILD & INFANT CPR class will be held at Trinity on Wednesday, Thursday and Friday, August 1, 2, & 3 from 9 a.m. to 12:30 p.m. The class is filled with 11 children. Class to be taught by the American Red Cross with instructor Donna Klingman who has taught for us the last three years. Since there was additional interest in another class, a class is scheduled for Wednesday, Thursday and Friday, August 22, 23, and 24 9 a.m. to 12:30 p.m. The cost is the same, \$55. to those in the community and \$25. to children of Trinity.

Programs for September, October and November 2007 are as follows: Arthritis and Osteoporosis, Bullying & Harassment, and Living & Dying with Hospice. All programs are scheduled and more on those programs will be presented at our next meeting.

Carol Salva from Our Lady of the Snows has been in touch with me regarding some programs they will sponsor

during the next year. Firstly, OLS will present to the elderly at local high-rises, a program titled "Allergies vs. Side Effects" by CMC pharmacist Chris Neary. I suggested that Chris might want to talk to residents of Lutherwood. She said I was welcome to get in touch with Chris and work things out with her. I have heard from Chris and she will be happy to include Lutherwood. I will get in touch with Lutherwood administrator and set a time that is convenient for Chris and Lutherwood.

Secondly, OLS would like to co-sponsor a program on "Childhood Obesity" sometime in October at OLS. I will commit to this program when they have the speaker in place and if the date does not interfere with our "Bullying & Harassment" program in October. I have notified her of our date that is confirmed with Prissilla Pancoast of Lutheran Family Services. OLS would also like to co-sponsor another Alcohol & Drug Program with Dr. Karen Arscott in the fall as well.

**BLOOD PRESSURE SCREENINGS:**

Our health professionals continue to work diligently doing BP Screenings for members of the congregation. All is running smoothly.

**PHM INFORMATION TEAM:**

Suzanne Jones recently placed a new order of CareNotes on display shelves in the narthex. In addition, information on Gambling and Local Gambler Anonymous Meetings has been placed on the table in the narthex. Gambler Anonymous Meetings are held every Saturday at 5:30 p.m. at St. Matthew's Lutheran Church, Jefferson Avenue and Vine Street in Scranton. A 24 Hour Gambling Helpline is 1-800-848-1880.

As PHM Coordinator, I have submitted my resignation to Pastor Mathews and Church Council and will leave my position as of October 30, 2007. As all of you know, I have enjoyed setting up the many educational programs over the past four years and have had terrific support from all members of all the ministry teams. I will miss working with all of you and am going to miss all the interaction with members of the congregation. May God continue to look over those involved in their positions with Parish Health Ministry?

Is there any other business that needs to be discussed this evening? Our next Education & Support meeting will take place on Sunday, August 5 following the church service in the Parish House.

Our next meeting is scheduled for Wednesday, September 5 at 6 p.m. at the church.

Meeting adjourned with the Lord's Prayer.

Respectfully submitted,  
Carol J. Pencek, PHM Coordinator